Packing List

# 10 Day Special Outtrips

## Required Items:

We have found that camp works best when everyone comes adequately prepared for their time at camp. Therefore, it is essential that campers come with **all** items on the “Required Items” list. Especially note the need for proper footwear, warm outerwear and an adequate sleeping bag. We are concerned that many campers come unprepared for our outdoor oriented programs. All campers spend at least 7 nights on an outtrip and our mountain weather is very unpredictable. **Snow and rain are possibilities campers must be prepared for!**

* 1 complete change of clothes for at least every 2 days spent at camp
* Bring at least 1 pair of pants that are NOT jeans (i.e. sweats, nylon, or fleece pants) for outtrips (Denim, once it gets wet, is cold and takes long to dry)
* 1 complete change of clothes that can get wet & dirty
* 1 pair of shoes or sandals that can be worn in water or around the campsite when not hiking
* Wool socks, 1 pair for each day on the outtrip plus 1 extra
* 1 pair of sturdy hiking boots
* Waterproof Raingear
* Swimsuit (in case you encounter a nice lake or decide to build a sauna)
* 1 summer jacket
* 1 warm jacket
* 1 heavy sweater (wool or fleece is best)
* Sun hat
* 1 pair of gloves or mitts
* Toque or winter hat
* Chow kit or spoon and cup for outtrips
* Water bottle or canteen with watertight lid (1-2Litres worth) - pop bottles work well
* Bible, pen or pencil (a small Bible that you can pack in your pack will likely be best)
* Toothbrush, toothpaste, soap, comb/hair brush, etc
* Towel & wash cloth
* Sleeping bag (warm enough to keep you warm down to 0°Celsius) but also light & compact enough to carry
* Any medication needed on a regular basis.
* 4 garbage bags, at least 2 of which are big and heavy duty, for outtrips (to keep things dry).

## Optional items:

* Backpack, internal or external frame, we recommend a 50-80 liter backpack (camp has some but your own will be more comfortable)
* Flashlight or Headlamp with spare batteries
* Knife
* Gaiters
* Daypack
* Sleeping pad (you’ll be sleeping on the ground on outtrips)
* Sleeping bag liner to keep you warmer and your sleeping bag clean
* Sunscreen, sunglasses, chapstick, insect repellant.
* Camera
* Musical instrument(s)
* Nice clean clothes for when you shower and encounter civilization at the end of the trip

Do Not Bring:

Just as we have found that camp works best when everyone comes adequately prepared, there are some other things that make camp worse if you bring them! Therefore, we ask that campers be mindful and thoughtful in their packing. We have especially found that the below items are harmful or distracting from the type of community that we want to be.

Some of these items include: Personal electronic devices (iPods, mp3 players, cell phones, etc.), pets, tobacco products, alcohol, drugs, junk food or extra snacks (unless on a restricted diet), money or other valuables, anything else that you think would be harmful or distracting from the deep integrated life-giving community that we strive to be.