

# Packing List

## Lake Site Reunions

### Required Items:

We have found that camp works best when everyone comes adequately prepared for their time at camp. Therefore, it is essential that campers come with all items on the "Required Items" list. We are concerned that many campers come unprepared for our outdoor-oriented programs. Our mountain weather is very unpredictable. Snow and rain are possibilities campers must be prepared for!

- At least one complete change of clothes
- Adequate outdoor shoes or boots (hiking boots, running shoes, snow boots etc)
- Indoor shoes or slippers
- Outerwear (warm jacket)
- Heavy sweater (wool or fleece is best)
- 1 pair of gloves or mitts
- Toque or winter hat
- Water bottle
- Bible, pen or pencil (Bibles are available at camp for those who don't have one)
- Toiletries (toothbrush, toothpaste, soap, shampoo, comb/hair brush, etc)
- Towel, swimsuit (for sauna)
- Sleeping bag and pillow
- Any medication needed on a regular basis

### Optional items:

- Snowsuit or snow pants
- Extra winter gloves, toque and scarf
- Flashlight or Headlamp
- Blanket
- Camera (you will NOT be allowed to have your phone to use as a camera)
- Musical instrument(s)
- Dressier/Nice clothes for the dinner on the last night of camp

### Do Not Bring:

Just as we have found that camp works best when everyone comes adequately prepared, there are some other things that make camp worse if you bring them! Therefore, we ask that campers be mindful and thoughtful in their packing. We have especially found that the items below are harmful or distracting from the type of community that we want to be.

Some of these items include: Personal electronic devices (iPods, mp3 players, cell phones, etc.), pets, tobacco products, alcohol, drugs, junk food or extra snacks (unless on a restricted diet), money or other valuables, anything else that you think would be harmful or distracting from the deep, integrated life-giving community that we strive to be.